Christmas Dinner

Roast Beef & Yorkshire Pudding (V) (Gluten, Milk Eggs)

or

*Nutless Roast Slice (V) (Gluten, Eggs) & Yorkshire Pudding (V) (Gluten, Milk Eggs)

served with a Mini Sausage (Gluten, Soya, Sulphur Dioxide)
or Mini Veggie Sausage (VEGAN) (Gluten)
crispy roast potatoes, (VEGAN) (Sulphur Dioxide)
creamed potatoes (V) (MC: Gluten, Milk, Sulphur Dioxide)
and a medley of seasonal vegetables (VEGAN)
all topped with a rich gravy (VEGAN) (Soya)

Christmas Caramel Ice cream (V) (Milk)

or

Christmas Sorbet (VEGAN)

SAVE THE DATE

RHONDDA CYNON TAF

(V) **Vegetarian**

(VEGAN) **Vegan** (*Quorn Fillet available for Vegan pupils)

Please check your special diet with Catering

Cinio Nadolig

Cig Eidion Rhost a
Pwdin Swydd Efrog V (Glwten, Llaeth,Wyau)

neu

****Tafell Rost Heb Gnau** V (Glwten, Wyau)
a Pwdin Swydd Efrog V (Glwten, Llaeth,Wyau)

gyda selsig bach (Glwten, Soia, Sylffwr Deuocsid)
neu Selsig Llysieuol Bach VEGAN (Glwten)
tatws rhost crensiog, VEGAN (Sylffwr Deuocsid)
Tatws Hufennog V (MC: Glwten, Llaeth, Sylffwr Deuocsid)
a chymysgedd o lysiau tymhorol VEGAN
wedi'i orchuddio â grefi cyfoethog VEGAN (Soia)

Hufen Iâ Caramel Nadolig V (Llaeth)

neu

Sorbed Nadolig VEGAN

cadwch y dyddiad

V **Llysieuol**

VEGAN **Fegan** (*Ffiled Quorn ar gael i ddisgyblion fegan)

Os oes gennych ddeiet arbennig, cysylltwch â'r Gwasanaeth Arlwyo

RHONDDA CYNON TAF